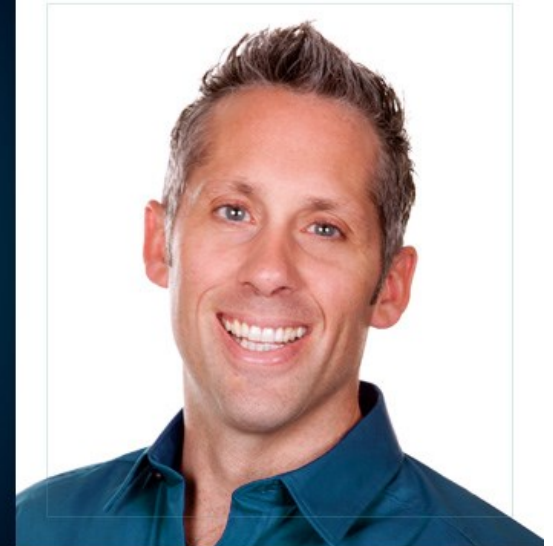




Specialized in Corporate and Human Services  
Leadership and Development



### EVENTS DETAILS

Date: October 30, 2015

Time: 9:00-4:30

Registration/Refreshments

Start at 8:30

Lunch Provided

Smith Falls Golf Club

125 Golf Club Road

Cost:

Early Bird by Oct 7: \$60

Regular Registration : \$75

Cut-off Date Oct 23

SPONSORED in PARTNERSHIP by LANARK HSJCC YOUTH AT RISK COMMITTEE, RNJ YOUTH SERVICES, OPEN DOORS and EVERY KID in OUR COMMUNITIES

# GETTING TO BETTER WITH YOUTH: OPPOSITION AND RESISTANCE

COME SEE STEPHEN DE GROOT IN THIS AMESOME TRAINING AND WORKSHOP DESIGNED FOR PRACTITIONERS AND HELPERS IN YOUTH JUSTICE, MENTAL HEALTH AND EDUCATION

### Workshop Topics /Learning Objectives

- Connect with your personal values, purpose and goals in helping
- Learn about Healthy Development of Brain and Emotional Regulation
- Review the Role Relationship Plays in Resistance and Opposition
- Understand the importance of a Relationship Based Strengths Approach
- Learn about the Importance of the Youth Story and how to access it
- Understand the causes and context of Challenging Behaviours
- Learn the difference between punishment and discipline
- Develop Effective Discipline techniques
- A day full of Practical tools and Strategies!

**REGISTRATION:** Casey Burns via email @ [casey@rnjyouth.com](mailto:casey@rnjyouth.com) or fax 613-284-8300 or Mail: 39 Chambers Street Suite 301B, Smiths Falls, ON K7A 2Y3.

Cash or cheques only (payable to RNJ Youth Services) – to be included with registration.  
No refunds for cancellation after October 23.

For questions please contact RNJ Youth Services at 613-284-8304

MYRIAD WILL OPTIMIZE HUMAN POTENTIAL AND ELIMINATE SUFFERING  
THAT RESULTS FROM UNNECESSARY STRESS AND CONFLICT