



HEARING UNHEARD MOMENTS

COLLABORATING FOR CHANGE

CREATING CULTURES OF SAFETY

Funded by the
Government
of Canada

Canada



The Students
Commission
of Canada
Centre of Excellence for
Youth Engagement



La commission
des élèves du
Canada
Le centre d'excellence pour
l'engagement des jeunes

*A sphere of
social cohesion...*



Hearing Unheard Moments

*Many spheres of
social cohesion...*



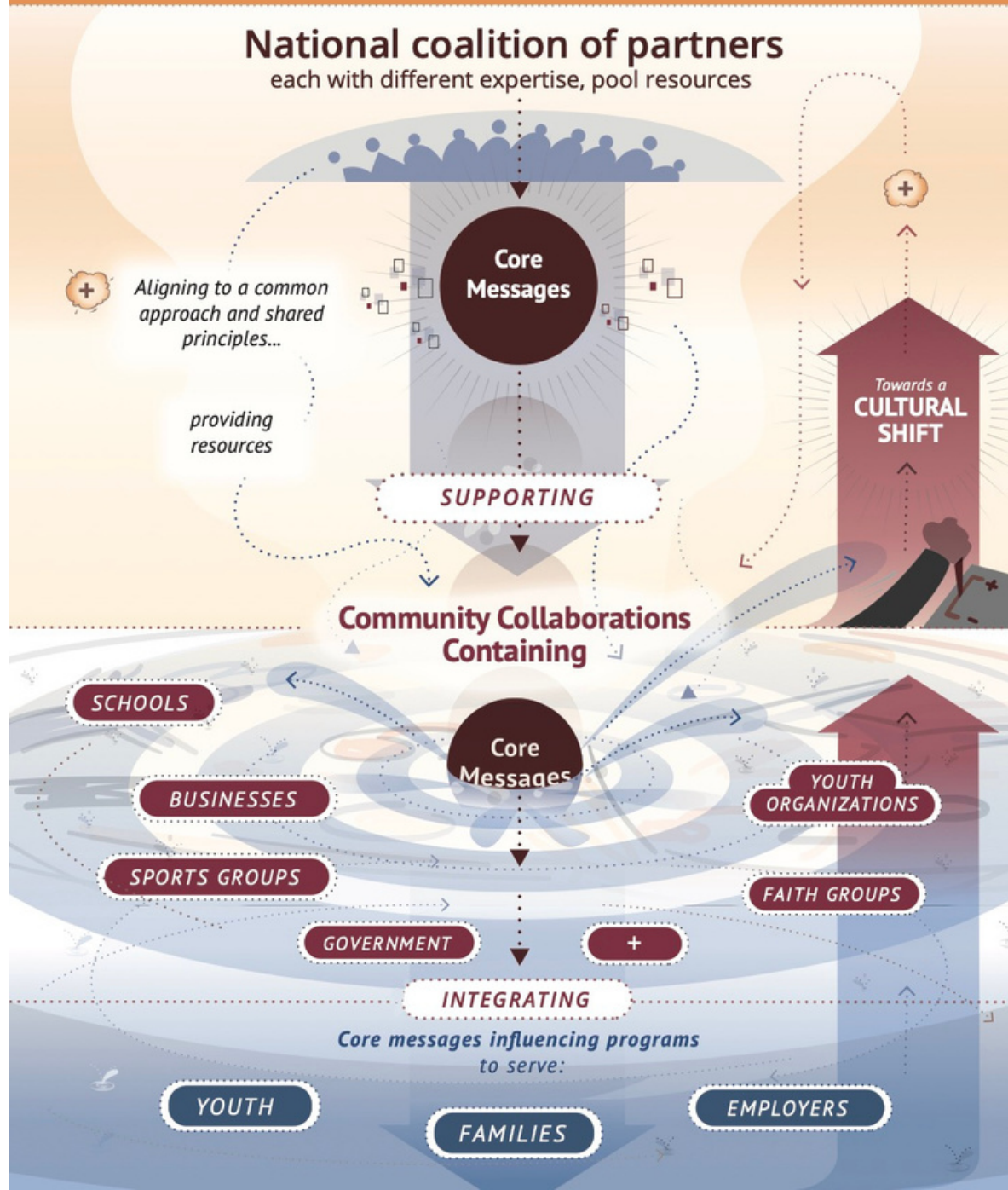
Lanark County





HEARING UNHEARD MOMENTS

Strengthening social cohesion through clear core messaging and a cultural shift



Our Core Messages:



You are invited to join a national collaboration striving to interrupt polarizing, anger-fuelled cultures and echo-chambers.

You are invited to use HUM resources, HUM core messages, and HUM programming offered by a growing number of partners and communities.

Our Shared Goal

to provide healthier, safer spaces off-line and on-line for all children and youth to grow and thrive; spaces to be heard, explore differences and still belong, spaces to talk, process, and act on challenges they face, spaces to voice grievances and concerns and prevent them from turning into hate and violence.

Goals for all communities:

- *Infusing HUM key messages into existing youth programming*
- *Facilitate ongoing capacity building of adults supporting youth, including skill sets for practising key messages themselves*
- *Identifying, shifting, building collaborations that synergize efforts to shift culture*

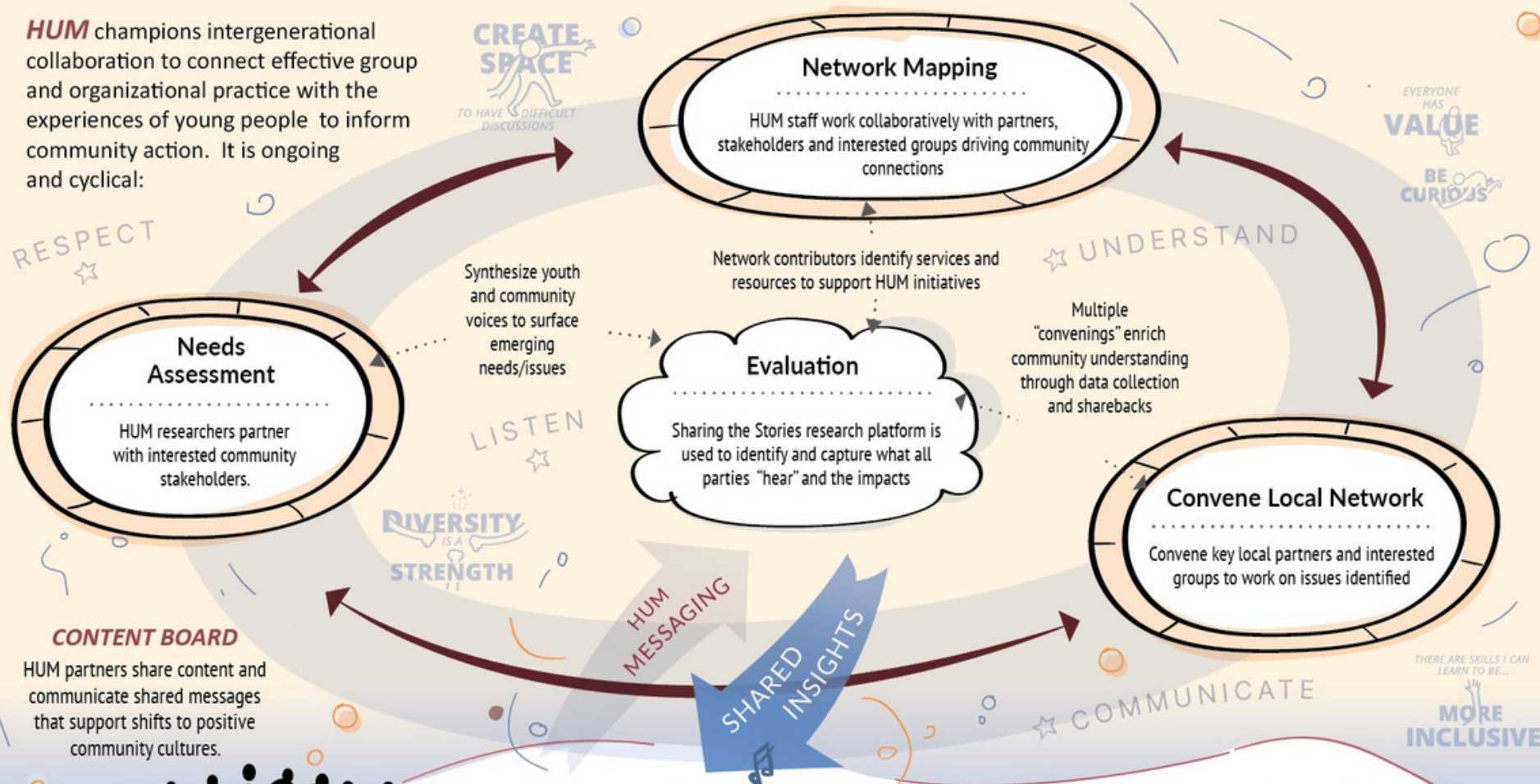


HEARING UNHEARD MOMENTS (HUM)

Strengthening social cohesion in your community by implementing HUM Key Messages

GOAL: to provide healthier, safer spaces off-line and on-line for all children and youth to grow and thrive; spaces to be heard, explore differences and still belong, spaces to talk, process, and act on challenges they face, spaces to voice grievances and concerns and prevent them from turning into hate and violence.

HUM champions intergenerational collaboration to connect effective group and organizational practice with the experiences of young people to inform community action. It is ongoing and cyclical:



How HUM can harmonize your community implementation plan

Four Key HUM Messages:

Everyone has value. Be curious.

I can learn to be more inclusive

Diversity is a strength

Create space to have difficult conversations

☆ **SCC Four Pillars:** Respect, Listen, Understand and Communicate™

* **Knowledge in Action Cycle:** a knowledge mobilization compass; select where you focus and when.

Fill out HUM Implementation Plan

How to get involved:

- *Selecting some of the **key HUM messages** and incorporating them into your speech, behaviour, conversations with others at work, home, school and recreation.*
- ***Resources, workshops, training** are available and described in our menu of services and ongoing emails. You can use these to incorporate into your own programs or classrooms and/or you can contact us to check out availability of delivery, either in-person or virtual by a member of the HUM collaborative.*
- *The HUM collaborative is also supporting **local initiatives** to set up their own HUM projects. We currently have 14 underway.*

Communities in action:

Local collaborations and events are underway in Prince Edward County, Golden, Toronto, Vancouver, Edmonton, Kitchener-Waterloo, Hay River, Prince Albert, Saskatoon, Winnipeg, Montreal, Eastern Townships, Halifax, and Virtual.



Prince Edward County, ON

Community Snapshot September 2025



HUM



<https://www.youtube.com/watch?v=zabV78YKTgU>

Hearing Unheard Moments

Youth from Prince Edward County came together to engage in dialogue about the challenges they face, sharing that their concerns are often not heard in the community. Here are some of the priority concerns we heard from youth:

- ... Food Insecurity
- ... Housing Insecurity
- ... Social Isolation
- ... Lack of free and accessible youth spaces, recreation, and support for ages 18-24

Community Partners

The Students Commission of Canada
<https://www.studentscommission.ca/>

Greater Than County Youth Collective
<https://www.greaterthancyc.ca/about>

Prince Edward Learning Centre
<https://pelc.ca/>

The ROC Youth Services
<https://theroc.ca/>



Collaborations

Community Dialogue Event (June 2025)

Youth from the county launched their music video and hosted a community event to share their concerns and calls to action.

Greater Than Leadership Table (Sept 2025)

An orientation to the HUM Key Messages and groundwork for ongoing collaboration and capacity building in the community.

Food Security Event (Date TBD)

Youth Engagement event to collaborate and strengthen food security in the community.

"I think that one of the largest problems is the age gap between a lot of the people that live in the county. The youth in particular are very much so a minority here. If you're not a majority you'll just be ignored completely."

**-Youth from Prince
Edward County**

Youth Voice in Decision Making

We are working in partnership with elected officials and municipal staff to co-create a youth engagement strategy that will allow youth voice to be amplified on a municipal level.



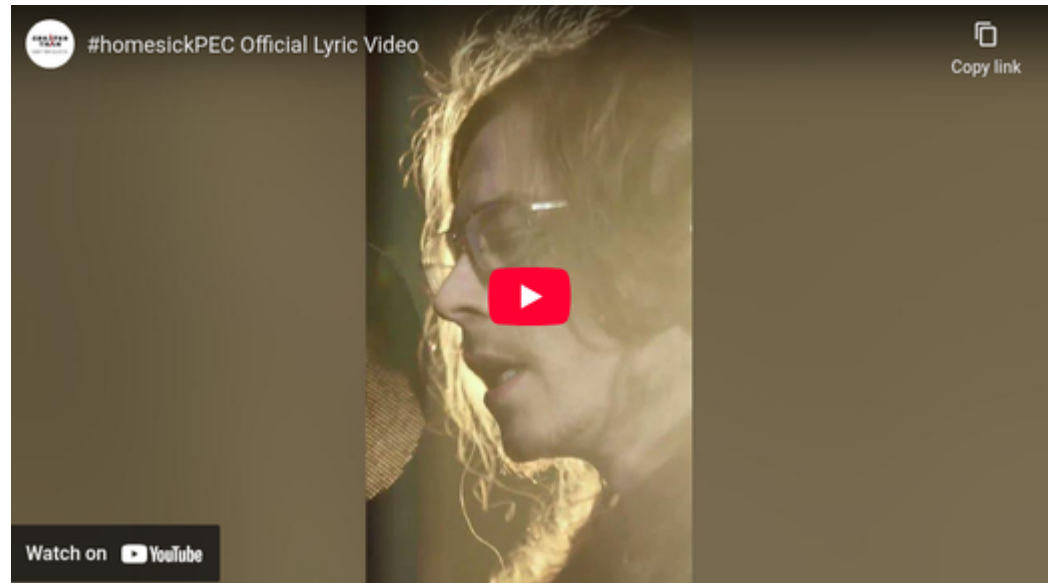
County considering forming youth engagement strategy

During Thursday's Committee of the Whole meeting, the committee voted to investigate creating a youth engagemen...

[en](#) Quinte News / May 29, 2025

HomesickPEC Project

We brought 11 young people together to talk about the issues they face as youth in PEC. They wrote and produced a song in a 3 day workshop that has been shared accross Canada.



A creative approach to hearing unheard moments.

Addressing Food Security

We are collaborating with the PEC Food Collective to in response to a call to action from HomesickPEC.

Holding space to hear about youth experiences surrounding food security. Sharing what we learn with the community and partners.

FOOD SECURITY HACKATHON



Join us for a 2 hour hackathon to share your experiences with food security in Prince Edward County. Together we can discuss the needs and the opportunities to improve access to food in PEC.

DETAILS:

- YOUTH AGES 15-29
- PARTICIPANTS EARN \$50
- SPACES ARE LIMITED
- COMMUNITY DINNER INCLUDED

MARCH 10 2026

PICTON ARENA - ROTARY HALL
3:00PM-5:00PM HACKATHON
5:00PM COMMUNITY DINNER
TRANSPORTATION CAN BE PROVIDED

GREATER THAN
COUNTY YOUTH COLLECTIVE

www.greatherthancyc.ca hello@greatherthancyc.ca

Mental Health Resource Fair

Q: What's the biggest challenge youth face in PEC right now?

Theme	Mentions	Total %
Bullying / Harassment	29	21.2%
Addiction/Substance Use (incl. vaping, drugs)	18	13.1%
Mental Health (incl. anxiety, panic, depression)	11	8.0%
Academic Stress/Education (incl. schoolwork, math)	9	6.6%
Activities/Sports (nothing to do / less sports)	7	5.1%
Belonging/Friends (fitting in, making friends)	7	5.1%
Work / Jobs	5	3.6%
Transportation / Distance	4	2.9%

A few responses touched on additional challenges, including access to help/resources, financial concerns and housing, facilities and environment (e.g., bathrooms, A/C, bus noise, winter), language barriers, technology and online safety, and discrimination or hate. About 11.7% of responses fell into "Other/Misc", and 10.9% indicated unsure or none.

Participated in this mental health event hosted by our local k-12 school. Holding space to check in with youth and provide mental health resources. Grades 6-12 students responded to these questions during the event.

Q: What makes it hard for youth to access mental health or substance use support in PEC?

Choice	# of Responses
Not knowing where to go	102
Feeling judged or stigmatized	81
Hard to talk to adults	74
Privacy / confidentiality worries	57
Transportation / distance	46
Cost	38
Long wait times	27
Other	0

Adult Ally Trainings

We are working in partnership with the municipality and Community Living Prince Edward to deliver a community wide full-day Adult Ally and Ambassadors of Inclusion training sessions. This is currently being planned.

A subsequent session called Cultural Curiosity will be held.

Hearing Unheard Moments

- *Shared vision*
- *Capacity building*
- *Partnerships*
- *Spaces for youth to share their voice*
- *Knowledge into action*
- *Action into knowledge*

Current online trainings available:

Civix CTRL F:

March 16, 2026 @1-2:30pm ET

False and misleading information is rampant online, and people lack the skills and motivation to determine what to trust. To build the next generation of informed citizens, we need to adopt new ways to teach digital media literacy and source evaluation. Named for the keyboard shortcut for ‘find,’ the CTRL-F digital media literacy program equips students with the habits and skills they need to find and evaluate online information and to determine what to trust.

Civix PoliTalks

March 27, 2026 @1-2:30pm

The PoliTalks program aims to cultivate the knowledge, attitudes, and skills to participate constructively in political discussions. This CIVIX training supports educators and adult allies in bringing political discussions to youth both in and outside of the classroom to practice active listening, perspective-taking, and respectful self-expression skills, and build relevant contextual awareness.

Current online trainings available:

Moonshot IMVE in the Online Environment

March 20, 2026 @1-2:30pm ET

This training will equip frontline practitioners with knowledge of recent trends and events in violent extremist online spaces. It will provide up to date and current analysis of the violent extremism landscape online, and include case studies and a focus on youth.

Moonshot Gaming and Violent Extremism Foundational Training

March 24, 2026 @11-12:30pm ET

This training will provide practitioners with a foundational understanding of the online gaming ecosystem. It will cover the online harms that can be found in gaming spaces and offer recommendations on how to engage with gamers who may seek support linked to these harms.

Current online trainings available:

Moonshot Targeted Violence Prevention 101:

March 30, 2026 @1-3pm ET

An introduction to the targeted violence prevention landscape, including case studies, a discussion on the pathway to violence, prevention strategies, risk and protective factors, and intervention points.

Through the HUM collaborative:

- *You will have access to trainings, workshops, and resources offered by national and community partners*
- *You will have access to an evaluation platform to share in learning as you go*
- *You will learn from communities on the same mission across Canada*

4 Pillars:

*HUM, our Hearing Unheard Moments initiative, is based on SCC's 4 Pillars: **Respect, Listen, Understand, Communicate™**, and a core truth: when young people feel unheard, the results can be dangerous — not just for them, but for all of us.*



***Creating safer processes for
dialogue over difference.
We look forward to working
together!***

EVERYONE
HAS
VALUE



**BE
CURIOUS**



THERE ARE SKILLS I CAN
LEARN TO BE...

**MORE
INCLUSIVE**



DIVERSITY
IS A
STRENGTH



**CREATE
SPACE**
TO HAVE DIFFICULT
DISCUSSIONS

