

CDSBEO Mental Health Services and Supports for Students

Presentation to Lanark County Child and Youth Service Collaborative
February 12, 2026



Aims for Today

- What guides mental health work at the CDSBEO?
- Multi-tiered system framework
- Various roles in the work of supporting student mental health
- Public access to Mental Health & Addictions Strategy and Action Plan

What Guides Mental Health Work at the CDSBEO?

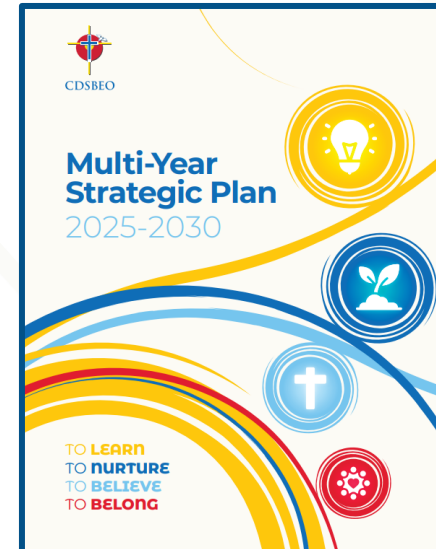
- Ministry of Education: PPM 169



- School Mental Health Ontario: Provincial Strategy



- 2025-2030 CDSBEO Multi-Year Strategic Plan
 - 2025-2028 Mental Health and Addiction Strategy
 - 2025-2026 Mental Health and Addiction Action Plan



Ministry of Education: PPM 169

Control + click here!

- 3 Year Strategy, 1 Year Action Plan
- Joint Community Planning
- Multi-Tiered System of Support
- Evidence-informed Brief Intervention
- Suicide Prevention and Intervention
- Virtual Care
- Staff Mental Health Literacy
- Mandatory Mental Health Literacy for Students
- Family Mental Health Literacy
- Social Emotional Learning
- Mental Health Absences



Data that Informs CDSBEO Mental Health Strategy and Action Plans



HearNowON#



Board Mental Health and Addictions Scan



School Climate & Ontario Student Drug Use Health Surveys



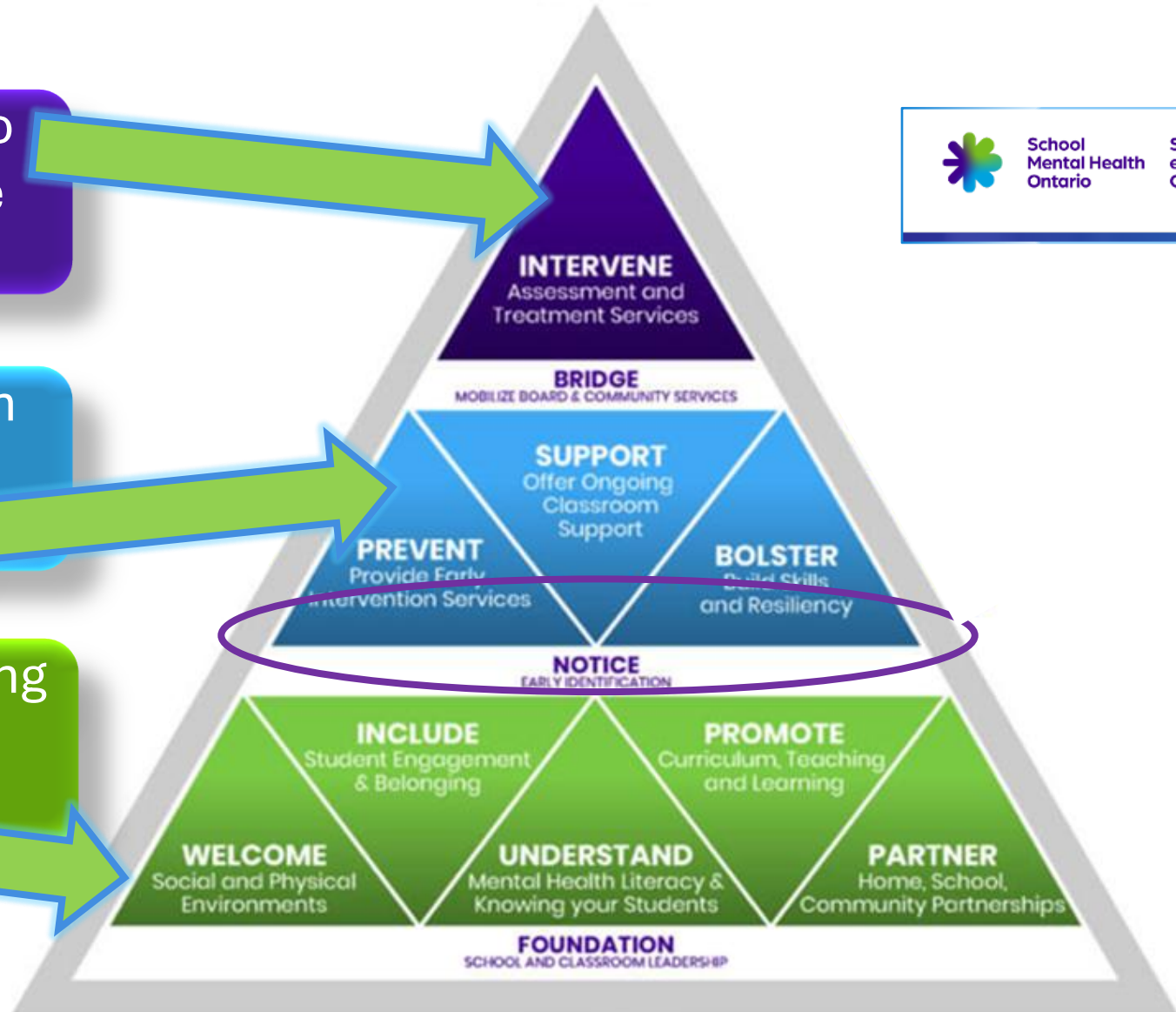
Feedback evaluations & other internally captured data

Multi-Tiered System of Supports (MTSS)

Tier 3: For **a few** who need more intensive supports

Tier 2: For **some** with mild to moderate needs (targeted)

Tier 1: Good messaging and practice for **all**



School
Mental Health
Ontario

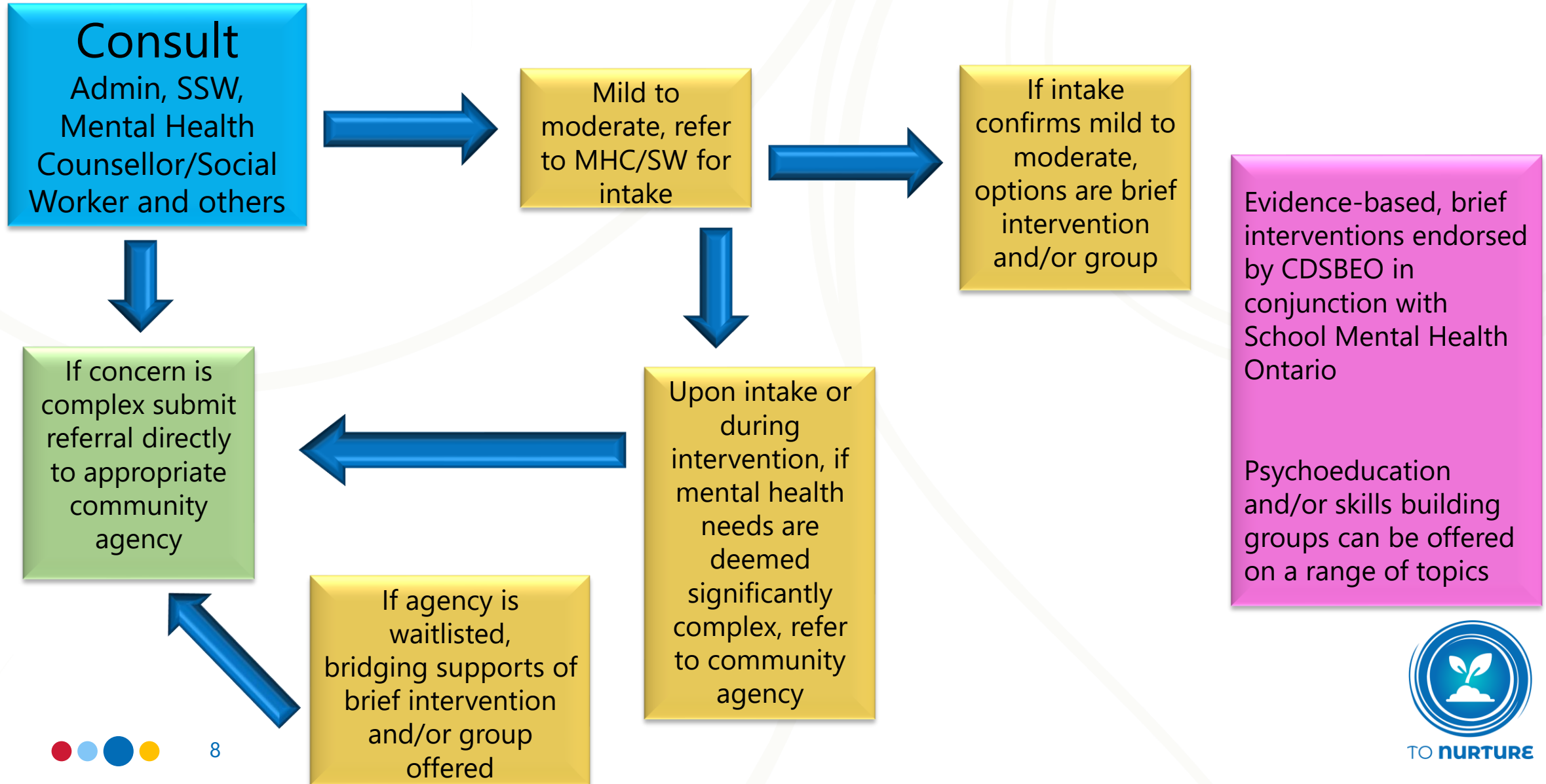
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TO NURTURE

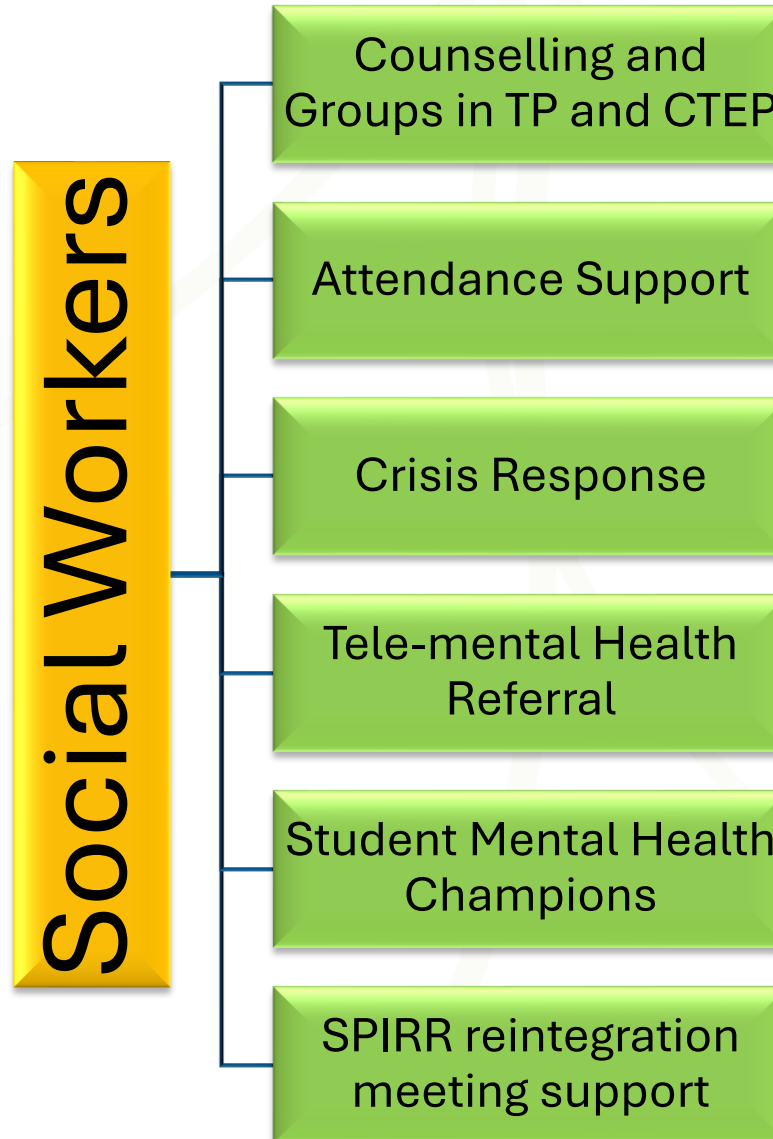


Tier 2 (Counselling) Service Delivery Model

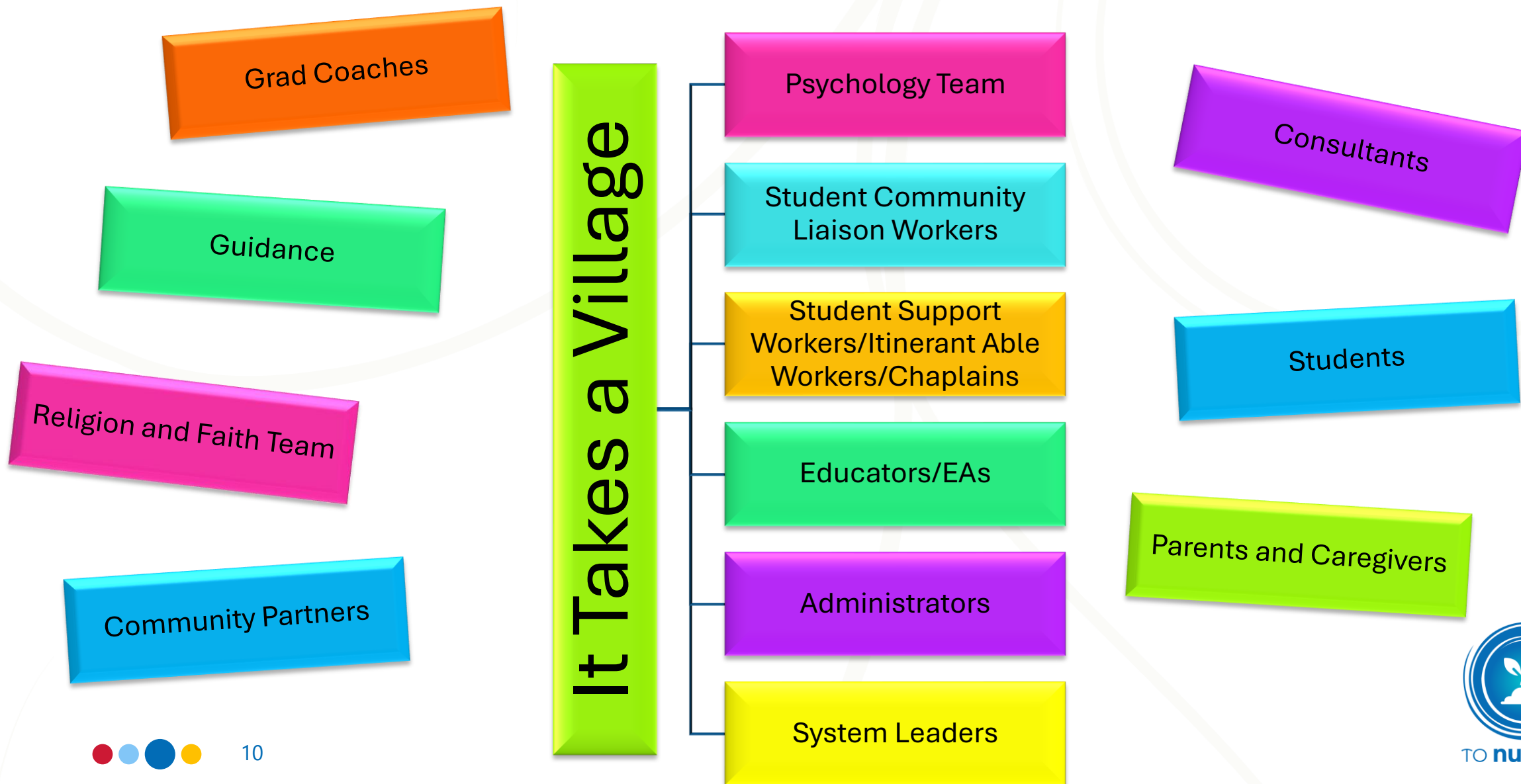


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Role of Social Workers



Others Who Play Important Roles



Thank you!

Q & A



Mental Health and Addictions
Strategy 2025 - 2028



Mental Health and Addictions
Action Plan 2025 - 2026